

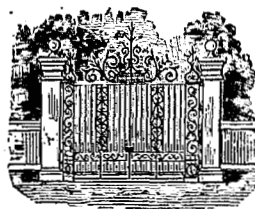
are subjected to considerable preparation, being first pan cooked and then steam cooked. We have pleasure in drawing attention to this fact, because we believe that no other oats receive this careful treatment, which is obviously a great advantage, more especially where invalids are concerned.

PRINCESS CHRISTIAN WARD SHOE.

The difficulty of finding shoes which are shapely in appearance, comfortable, and durable in wear, moderate in price, and withal noiseless, is one which many nurses find almost unsurmountable. At the same time, there is no class of workers to whom a satisfactory shoe is of greater importance. We should recommend all our readers who are not nurses to visit the establishment of Messrs. Gooch, Limited, 67, Brompton Road, where they will find not only shoes suitable for ward wear, but dainty and fascinating foot-gear for every possible occasion. This firm has specially considered the needs of nurses, with the result that they are able to supply excellent ward shoes, made to measure, at 12s. 9d. a pair. Of these we may specially mention the Princess Christian Ward Shoe and the Samaritan Ward Shoe. The special characteristics of both, which are made in glacé kid, are that they are noiseless, the instep is supported by a spring waist, and also by a specially made sole which, while it is not claimed for it that it will restore to its original form the instep of a flat foot, yet undoubtedly it does help to prevent a properly-shaped foot from becoming flat inasmuch as it affords support to the instep. The Princess Christian Shoe is designed for the wear of busy nurses who "have not the time to button their shoes or to find a button-hook." Therefore, although it has the appearance of a high-class laced shoe, it is really slipped on, an inset of elastic affording the necessary give. The Samaritan Ward Shoe is also entirely to be recommended for indoor wear, and its appearance is greatly improved, and the support of the special sole secured by double crossed straps. The noiselessness of the shoes is effected by means of the double leather sole, which is divided by a thin layer of paper, which device prevents creaking, and by the india-rubber tip let into the heel, which is found to be more satisfactory than a complete rubber heel. When the workmanship of the shoe is considered and, moreover, when it is remembered that the instep soles, if bought separately, would cost 5s. 6d., these shoes must be considered a marvel of cheapness, and those who once purchase them will certainly buy them again.

Outside the Gates.

WOMEN.



It is good news that the Hon. Mrs. A. T. Lyttelton has been re-elected President of the National Council of Women of Great Britain and Ireland (National Union of Women Workers). Mrs. Lyttelton is

eminently popular and greatly respected by members of every trend of thought, from the gentle philanthropist to the ardent suffragist.

The election of Miss Flora and Miss Louisa Stevenson, of Edinburgh, as Vice-Presidents of the Council, will also be popular appointments. We believe in new blood, and are of opinion that, with few exceptions, it would be more healthy for the Council as a whole, if every member of the Executive Committee did not offer herself for re-election year after year. A regulation whereby, after a term of three years' service, members retired in rotation for a time, would give satisfaction, especially as those women who had proved themselves invaluable might "come up higher" as Vice-Presidents, who all have a vote on the Executive Committee. We fear the National Council will not receive the financial support which it deserves until its government is a little more representative of all classes of workers.

Sir John Furley, late Chief Commissioner of the British Red Cross Society, states that all perishable articles intended as Christmas gifts for the troops in South Africa should be packed in tin-lined cases, soldered at the joints. The cases should be of portable size, with the address painted in legible characters, unobscured by trade advertisements. Sir John thinks that small parcels of cigars and cigarettes are best sent by post, but they should be registered. If a payment is made for carriage somebody will be held responsible for the delivery of the goods which are sent.

In South Australia children under 18 years of age are now never brought before the ordinary police-court when charged with offences; there is a special "departmental court" for their benefit. During the last 12 months 273 children have been charged before this court, 135 of them for alleged misdemeanours; but in only six cases were the culprits sent to gaol. The "State Children's Department" runs the tribunal, which, it is locally claimed, is the first of the kind anywhere, and is doing excellent work.

[previous page](#)

[next page](#)